

# 27<sup>th</sup> INTERNATIONAL TEACHING WEEK



Faculty of Physical Culture  
Palacký University Olomouc

13<sup>th</sup> – 17<sup>th</sup> April 2026



## Sunwoo Lee

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Sunwoo is a social gerontologist at the Institute of Active Lifestyle, within the Faculty of Physical Culture at Palacký University Olomouc in the Czech Republic. She holds a Ph.D. in Leisure Sciences from Texas A&M University, USA.

With over ten years of experience in social gerontology, her research examines how the health and well-being of older adults are shaped by individual experiences and broader societal contexts across the life course. Her current work involves developing theoretical frameworks and methodologies that apply a life-course perspective to healthy aging, aiming to better understand resilience development across various life stages.

In her free time, she enjoys birdwatching, taking long walks or runs in nature, and playing musical instruments.

### Sunwoo's Topics for the 27th International Teaching Week:

- **Pickleball: The Fastest-Growing Sport from Research to Court Practice**