

27th INTERNATIONAL TEACHING WEEK



Faculty of Physical
Culture
Palacký University
Olomouc

13th – 17th April 2026



Gabriela Kołodzyńska

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Gabriela holds a PhD in Physical Culture Sciences and works as an assistant professor in the Department of Physiotherapy. Her research focuses on pelvic floor physiotherapy, urogynecological rehabilitation, and the application of innovative technologies such as virtual reality in diagnosis and therapy. She is actively involved in international academic cooperation, research projects and interdisciplinary initiatives connecting health sciences, education and digital innovation. Her work combines scientific research with practical clinical applications, aiming to improve patients' quality of life and to develop modern, evidence-based approaches in physiotherapy. During ITW, she will share her experience in physiotherapy education and discuss contemporary challenges and innovations in rehabilitation sciences.

Gabriela's Topics for the 27th International Teaching Week:

- **Modern Diagnostics in Urogynecological Physiotherapy – From Clinical Assessment to Technology-Assisted Evaluation**
- **Innovative Therapeutic Approaches in Pelvic Floor Rehabilitation for Women with Urinary Incontinence**