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I am currently a postdoctoral researcher and lecturer at the sport psychology group at Technical University of Munich as well as in the sport and cognition group at the Leibniz Universität Hannover in Germany.

My research interests center around perception, emotion (regulation), and performance and what brain monitoring techniques can tell us about the neural mechanisms and interactions underlying different facets of cognitive performance and behaviors. I also apply brain stimulation techniques (i.e., neurofeedback training) to stabilize and/or improve human performance, specifically athletic performance.

My Topic for the 20th International Teaching Week:

- 1) Effects of Neurofeedback Training on Athletes' Performance